



September 2023

Dear Parents,

### Cross Country Club

Beginning **Wednesday September 20<sup>th</sup>**, we will be starting cross country club for boys and girls in Years 4, 5 and 6. The club will be delivered by Mr Morgan and Mr Dyall and will be held on a **Wednesday** night beginning straight after school and finishing at 4.30pm.

To begin with, the sessions will take place in the school grounds with the aim of working up to running continuously for a mile. Once the children can do this, we will then begin to use the railway track and the common land behind the school to add some variety to the sessions. Children will need to bring with them kit that they are happy to run in and potentially get muddy.

Please be aware that your child will need to be collected promptly at 4.30pm. Children that normally attend After School Club will be taken to club as normal.

If your child is interested, could you please complete the form below and return it to Mr Dyall or Mr Morgan.

Yours sincerely

Mr A Dyall  
Headteacher

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### Cross Country Club

I would like my child \_\_\_\_\_ to participate in the After School Cross Country Club. I understand that the club will run from 3.30pm until 4.30pm on Wednesdays, and that my child will need to be collected at 4.30pm unless they normally attend After School Club.

Please list any medical concerns the teacher should be aware of (allergies, diabetes, asthma etc.)

\_\_\_\_\_

\_\_\_\_\_

Signed \_\_\_\_\_ Parent/ Guardian      Date \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

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"We are all different, we are all special"

