

## Year 3 Cricket

### National Curriculum objectives

Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.  
Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

### Key Learning

- Bat correctly
- Catch correctly
- Accurately bowl under and overarm using appropriate technique
- Use different batting shots
- Field using appropriate techniques

### Equipment

- Balls (appropriate size and weight of ball for the age of the children – tennis ball works well)
- Bats
- Cones/Markers
- Wickets
- Lines
- Hoops
- Stumps
- Whistle
- Stopwatch

### Key Questions

What position is your body in when you are ready to bat?

What is the best way to hold the ball?

What do you need to think about when aiming your throw?

What catching position works best for you?

### Key Vocabulary

**Bat:** The wooden implement which the batsperson uses to hit the ball.

**Bowl:** When the bowler throws the ball overarm to the batter.

**Catch:** To grab or capture the ball in your hand.

**Cricket:** Cricket is a sport played with cricket bats and balls, wickets, batters and fielders. It is played between two teams of eleven players.

**Defensive:** Movements made to protect the wickets, preventing the opposition from bowling the batsperson out.

**Drive:** A powerful shot generally hit along the ground or sometimes in the air.

**Field:** Collecting the ball after it is struck by the batsperson. The fielding team tries to limit the number of runs that the batsman scores and/or to get the batsman out.

**Long barrier:** This is a fielding skill used to stop the ball in the field by blocking it with the knee and body.

**Overarm:** A throw or bowl with the hand or arm passing above the level of the shoulder.

**Shot:** To strike the ball with the bat.

**Stance:** The position you stand in when you are fielding or batting.

**Throw:** Pass the ball to another player either underarm or overarm.

**Two handed:** Catching the ball with two hands forming a bowl. Gripping the bat with two hands on the handle.

**Underarm:** A throw with the arm or hand below shoulder level.

**Wickets:** A set of three stumps with two bails balanced on top. This is protected by the wicket keeper and the fielding team.

### Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down