

By the end of the topic I will be able to...

- ✓ appreciate the need for us to be inclusive in all our communities and have empathy for people who are discriminated against.
- ✓ develop a positive inner voice which can challenge any negative or fixed-mindset thoughts I have
- ✓ keep myself safe on the internet and make good decisions about which social media I will use
- ✓ get help in an emergency
- ✓ consider how I can get involved in a charity possibly local
- ✓ be more critical when spending my money and decide if things are value for money before asking for them/buying them

### Key Vocab

Word/phrase	Definition
prejudice	To judge people because of a negative fixed mind-set about an aspect of their identity
discrimination	Treating someone differently because of an aspect of their identity (colour, race, faith, gender, disability) This is illegal
inclusive	Treating people fairly and equally and respecting their differences
Challenge	A difficult problem – to tackle a difficult subject and make people question their opinions on it
Sexual orientation	Who you feel attracted to physically and emotionally. This can be males, females or both
Gender association	The gender or sex (male or female) that someone identifies with may not be the biological gender they are born with
Fixed mind-set	Being inflexible in your opinions and beliefs
Inner voice	How we talk to ourselves in our head
Self-image	Our idea of our own identity, personality, looks and
Value for money	Weighing up if something is the worth the cost being asked

### Cross curricular links

Computing- safer internet use  
 Maths and enterprise  
 Science –micro-organisms

### Statutory teaching

Respectful relationships:1,2,4,5,6,7  
 Online relationships: 1,2,3,4,5,  
 Being safe: 1,4,5,6,7,8,  
 Internet safety and harms 1,2,3,4,5,6,7,  
 Basic First aid 1,2,

### KEY KNOWLEDGE FOR ALL CHILDREN

I know what prejudice and discrimination are.

I know how the internet can be useful and entertaining. I also know some ways that the internet and social media can be dangerous.

I know that images on the internet can be altered.

I know that it is important to have a good self-image and a strong positive inner voice.

**I understand that I should limit the information that I share online**

**I understand why some social media apps are age restricted.**

**I know where to get help if I am concerned about something online or on social media**

**I know how to contact the emergency services and what information to give**

**I know some basic first aid**

I know how to work out if something is value for money

[I know about local charities and how I can support them](#)

### LEARNING THAT SOME CHILDREN WILL KNOW

I know some safe ways to challenge prejudice and discrimination

I understand how online content can be used to manipulate people

[I know how to respond if someone is unresponsive or is not breathing](#)

I know how money can impact on well being



# Ask me a question...



What is the difference between prejudice and discrimination?  
 What responsibility do we have to make sure our communities are inclusive?  
 How can we safely challenge stereotypes, bias, prejudice and discrimination?

How can you make sure that you have a positive self-image?

What are the positives of social media and the internet? What are the dangers?  
 How are images adapted and altered and why?  
 How can you make decisions about what apps to use and what to share on social media?

What would you do if you found someone who was unresponsive or not breathing?  
 In an emergency what information would you need to give 999?



How can you decide if something is worth buying?  
 How can money or lack of money affect people?



## WHAT TO DO IF SOMEONE IS UNRESPONSIVE

1. Open their airway
2. Tilt head



3. Check for normal breathing  
 > Look, listen and feel



